



# SARASWATHI THAILAM

(For External use)



## Ingredients:

- *Sesbania aegyptiaca*
- Cow's Milk
- Sesame oil

## Action:

Saraswathi Thailam balance the brain nutritional deficiency in the brain and reduces the heat due to venereal diseases. It cures brain tumor.

## Indications:

Saraswathi Thailam can be prescribed for the following diseases

- ASD/ADHD
- Brain tumour
- White discharge
- ADHD

## Dosages and direction for use:

Dose	Supporting drug	Supporting drug Strength	Carrier	Carrier Strength	Morning	Evening	Before food	After food	No.of days
10 ml	-	-	-	-	Y	-	-	-	150

**Direction** : - (For external use only) Apply 10 ml of Saraswathi Thailam on the head, after 45 mts of oil applied take hot water bath once in 4 days.

## Diet Instructions:

Eat Vegetarian Food, Must not eat Mustard, Mustard oil, Sesame seed, Sesame oil, Tamarind, Bitter gourd, Bottle gourd, August tree leaves, Pumpkins.

Avoid eating milk related food items only on oil bath taken day.

## Side Effects:

Saraswathi Thailam is not known for any known side effects if taken as per the prescribed dose along with diet instruction.

**Note:** The above information are for reference only. The actual usage of the medicine will be advised by physician based on the disease condition.